



Positive Leadership,

Course Outline

Positive Leadership

O v e r v i e w

Positive leadership is an evidence-based, proven approach to leading effective teams and organizations. Based on the ground breaking and affirmative insights of positive psychology, positive leaders see positive potential and facilitate “positive deviance” or sustainable high performance



O b j e c t i v e s

- » Upgrade personal skills and accelerate career prospects by becoming a more effective leader
- » Become a more powerful communicator
- » Discover new opportunities and find more inspiration
- » Eliminate stress and negativity
- » Rediscover one’s best self and become an inspirational leader
- » Appreciate that Continuous Learning is the key to improving work and life chance

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Posistive Leadership

Day	Topic	N. of Hours
1	Building the Foundation of Positive Leadership. <ul style="list-style-type: none">» Introduction to Positive Leadership and Culture» Why develop a Positive culture» Benefits of Positivity	3 hours
2	Building the Foundation of Positive Leadership. <ul style="list-style-type: none">» The Business Case for a Positive Culture (PC)» Assessing Organizational Gaps in meeting PC goals» Cultural Tools and Change Management	3 hours

3	<p>Planning and Preparation: Self & Others</p> <ul style="list-style-type: none"> » Becoming aware of current beliefs and mindset » Understanding what the positive-evolutionary mindset is and why it matters » Preparation to positive self-leadership 	3 hours
4	<p>Planning and Preparation: Self & Others</p> <ul style="list-style-type: none"> » Understanding transactional versus transformational relationships » Increasing the personal positivity ratio » Improving the quality and quantity of interactions 	3 hours
5	<p>Organizational and Leadership Standards – The Business</p> <ul style="list-style-type: none"> » Discovering the positive energizers in your organization » Align values and purpose with the organization » Positive Gap Analysis – Amplifying success 	3 hours

6	<p>Organizational and Leadership Standards – The Business</p> <ul style="list-style-type: none"> » Focusing on Measurements that matter » Improve performance toward “positive deviance” » Agility and Change Management 	3 hours
7	<p>Interactions for Positive Leaders</p> <ul style="list-style-type: none"> » Organizational Culture and Context » Aspects of Organizational Change – Policies, Individual and Managerial 	3 hours
8	<p>Interactions for Positive Leaders</p> <ul style="list-style-type: none"> » Take ownership of actions and outcomes » Positive Psychology and Innovation 	3 hours
9	<p>Interactions for Positive Leaders</p>	3 hours

	<ul style="list-style-type: none"> » Benefit from the art of dialogue and feedback » Cultivating Authenticity and Trustworthiness 	
10	<p>Sustaining the Positive Culture</p> <ul style="list-style-type: none"> • Sustainability of the Positive Culture Initiative • Meetings and team practices for positive leaders 	3 hours
11	<p>Sustaining the Positive Culture</p> <ul style="list-style-type: none"> • Measurements and Monitoring • Inclusive Positive Coaching 	3 hours
12	<p>Sustaining the Positive Culture</p> <ul style="list-style-type: none"> • Action Planning for Results • Key Summary and Review 	3 hours
Total N. of Hours		36 Hours